



May 5 & 6, 2018

**Blood, Sweat & Tears**  
**Part 6 ~ Why Don't You Be You,**  
**and I'll Be Me**

**Tom Burks**

Isaiah 42:8 (NLT)

Ruth 1:16-17 (NLT)

**Trust:**

---

**Motivation**

---

**Character**

---

Proverbs 3:5 (NLT)

**SMALL GROUP QUESTIONS**

**Thought Provoking:**

Name an occupation that you would consider manipulative. Name a way that children manipulate their parents. Name a way that parents manipulate their children.

Share about a time you felt like you were being manipulated to be something other than who God created you to be. In what ways are we manipulated today to be something different? How does this manipulation play out in our marriage, with our children, brothers and sisters. How have you used manipulation on your family and friends.

**Digging Deeper:**

1. Read Judges 16 ~ Discuss how the manipulation games are played out in this passage.
2. Read these Scriptures from Psalms: 5:11; 22:4-5; 25:2-3; 31:19 and 32:10. List the benefits of trusting in God.
3. Read 2 Chronicles 32:1-21 ~ Discuss how both Sennacherib and Hezekiah portray these characteristics of trust that Pastor Tom taught in his message (understanding, motivation, competence, character and history). Discuss why Hezekiah's trust in the Lord brought victory.
4. What are practical ways to quit playing relational games and move from manipulation to trust?

**Prayer:**

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference. Living one day at a time; enjoying one moment at a time; accepting hardships as the pathway to peace; taking, as He did, this sinful world as it is, not as I would have it; trusting that He will make all things right if I surrender to His will; that I may be reasonably happy in this life and supremely happy with Him forever in the next. Amen

**Application:**

All the "Blood Sweat and Tears" applications have come together!

Recognize the moment and reassert your Declaration of Dependence  
Confession to face your emotions  
Forgiveness to clear the slate  
Trust to move forward

In what area of control do you need to apply these steps?



May 5 & 6, 2018

**Blood, Sweat & Tears**  
**Part 6 ~ Why Don't You Be You,**  
**and I'll Be Me**

**Tom Burks**

Isaiah 42:8 (NLT)

Ruth 1:16-17 (NLT)

**Trust:**

---

**Motivation**

---

**Character**

---

Proverbs 3:5 (NLT)

**SMALL GROUP QUESTIONS**

**Thought Provoking:**

Name an occupation that you would consider manipulative. Name a way that children manipulate their parents. Name a way that parents manipulate their children.

Share about a time you felt like you were being manipulated to be something other than who God created you to be. In what ways are we manipulated today to be something different? How does this manipulation play out in our marriage, with our children, brothers and sisters. How have you used manipulation on your family and friends.

**Digging Deeper:**

1. Read Judges 16 ~ Discuss how the manipulation games are played out in this passage.
2. Read these Scriptures from Psalms: 5:11; 22:4-5; 25:2-3; 31:19 and 32:10. List the benefits of trusting in God.
3. Read 2 Chronicles 32:1-21 ~ Discuss how both Sennacherib and Hezekiah portray these characteristics of trust that Pastor Tom taught in his message (understanding, motivation, competence, character and history). Discuss why Hezekiah's trust in the Lord brought victory.
4. What are practical ways to quit playing relational games and move from manipulation to trust?

**Prayer:**

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference. Living one day at a time; enjoying one moment at a time; accepting hardships as the pathway to peace; taking, as He did, this sinful world as it is, not as I would have it; trusting that He will make all things right if I surrender to His will; that I may be reasonably happy in this life and supremely happy with Him forever in the next. Amen

**Application:**

All the "Blood Sweat and Tears" applications have come together!

Recognize the moment and reassert your Declaration of Dependence  
Confession to face your emotions  
Forgiveness to clear the slate  
Trust to move forward

In what area of control do you need to apply these steps?